



CARRIER SEKANI
FAMILY SERVICES

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CSFS Emergency Contact List - for Member Nation Chief and Council

If you think a child or youth (under 19 years of age) is being abused or neglected,

call: 1-800-663-9122 at any time of the day or night.

If someone needs emergency mental health support call at any time of the day or night:

Kuu-us Crisis line: Adult 250-723-4050 | Youth 250-723-2040 | Toll free 1-800-588-8717

Administration

Contacts:	Marlaena Mann Executive Director Communications & Technology (Emergency Media Support)	Phone: 778-349-1065 Email: marlaena@csfs.org
	Andrea Palmer Director of Communications	Phone: 778-349-1676 Email: apalmer@csfs.org

Child & Family Services

Executive Director:	Mary Teegee Executive Director Child & Family Services	Phone: 250-612-8710 Email: mary@csfs.org
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Delegated Child & Family Services (Guardianship, Resources, Roots)

- Provides voluntary care services on-reserve, recruits and approves caregivers and care providers, and provides guardianship for children in continuing care.
- Prepares youth transitioning into adulthood for post-majority services.

Contacts:	Sonya Rowland Director of Quality and Practice – Delegated Programs	Phone: 250-640-0684 Email: sonya@csfs.org
	Cheyenne Murry (Foster Parent) Resource Supervisor – Burns Lake	Phone: 250-251-1170 Email: cmurry@csfs.org
	Elizabeth Saretsky (Children in Care) Guardianship Supervisor – Vanderhoof	Phone: 250-567-8443 Email: esaretsky@csfs.org
	Ali Jellett (Foster Parent) Resource Supervisor – Vanderhoof	Phone: 250-570-7091 Email: ajellett@csfs.org
	Michelle Blacker (Children in Care) Guardianship Supervisor – Burns Lake area	Phone: 250-961-5171 Email: mblacker@csfs.org
	Juanita Gull Practice Manager – Vanderhoof and Burns Lake area	Phone: 250-570-9996 Email: juanita@csfs.org



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Family Preservation

- Provides preventative supports, advocacy, assistance navigating the legal system, housing search, referrals, and support letters.
- Hosts various life skills and parenting education workshops as well as a women's group.
- Work with families who are involved with MCFD, at-risk of MCFD involvement, or who are seeking support and information on parenting.

Contacts:	Cheryl Thomas Director of Prevention Services	Phone: 778-349-1064 Email: cheryl@csfs.org
	Sandra Wilson Practice Manager – Vancouver	Phone: 778-349-1027 Email: swilson@csfs.org
	Carrie Ann Louis Family Preservation Supervisor – Vancouver	Phone: 604-209-2480 Email: clouis@csfs.org
	Naomi Locheed Family Preservation Manager – Vanderhoof, Fort St James, Burns Lake area	Phone: 778-675-0425 Email: nlocheed@csfs.org
	Melody Elliott Family Preservation Supervisor – Burns Lake area	Phone: 778-349-9369 Email: melliott@csfs.org
	Cathie Hemeon Family Preservation Supervisor – Fort St James area	Phone: 778-978-0576 Email: chemeon@csfs.org
	Cheryl Vandelaar Family Preservation Supervisor – Vanderhoof and area	Phone: 250-567-7300 Email: vandelaar@csfs.org
	Patrick Coon Family Preservation (Housing) Manager – Prince George	Phone: 778-675-1573 Email: patrick@csfs.org
	Akhil Kumar Family Preservation (Housing) Coordinator – Prince George	Phone: 672-983-2424 Email: akumar@csfs.org
	Sophie Samycia Parent Support Supervisor – Prince George	Phone: 778-349-1716 Email: ssamycia@csfs.org

Intensive Family Therapeutic Services

- Clinicians meet with families in their home or in the community and provide various counselling approaches (e.g., motivational interviewing, cognitive-behavioural strategies, and parenting skills training) tailored to each family’s unique needs, referred by MCFD.
- A 28-day, in-home, counselling-based intervention addressing safety concerns of MCFD which has put the child(ren) is at imminent risk of being removed from the family home.

Contacts: Karlene Ritchie
Intensive Family Therapeutic Manager
Phone: 778-675-4034
Email: kritchie@csfs.org

Dzee Ba’yugh Safe house

- Offers a safe place for women and their children fleeing family violence.
- Located in Lake Babine Nation and has six bedrooms and 22 beds to support up to six women and their children for up to 30 days.
- Also offers cultural activities and teachings, ceremonies, individual and group programming, and wraparound support.

Contacts: Cindy MacDonald
Safe House Supervisor
Phone: 778-924-0004
Email: macdonald@csfs.org

Early Childhood Development

- Provides developmentally appropriate opportunities for optimal growth through discovery, problem solving, exploration, dramatic play, social and emotional skills, language and communication, and expression of individuality.

Contacts: Dawne Persson
Director of Early Childhood Development
Phone: 250-524-0238
Email: dawne@csfs.org

Maternal Child Health

- Offers resources and support to Indigenous pregnant women and parents of infants and young children from 0 – 6 years of age.

Contacts: Anna Whitely
Maternal Child Health Manager
Phone: 778-916-7429
Email: awhitely@csfs.org

Youth Services

- Provides wraparound and low barrier supports to children and youth.
- Programming includes cultural, recreational and life skills opportunities in a group or one-to-one.

Contacts: Kayla Brownscombe
Director of Youth Services
Phone: 250-612-9621
Email: kbrownscombe@csfs.org

Sarah Cootes
Sk’ai Zeh Yah & High-Risk Youth Services Manager – Prince George
Phone: 250-640-3252
Email: scootes@csfs.org



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Erin Johnson
Youth Services Manager – Vanderhoof & Burns Lake

Phone: 250-570-9993
Email: erin@csfs.org

Julian Lowley
Youth Services Manager

Phone: 250-613-9320
Email: julian@csfs.org

Community Development

- Partners with Nations to better understand community needs, develop prevention plans, and support communication between CSFS and Nations.

Contacts: Gwen Cardinal
Director of Operations & Community Development

Phone: 778-675-1648
Email: gcardinal@csfs.org

Mitchell McCook
Community Service Planner

Phone: 778-916-4444
Email: mmccook@csfs.org

Geraldine Flurer
Cultural Program Manager

Phone: 250-570-1482
Email: geraldine@csfs.org

Health Services

Executive Director: Travis Holyk
Chief Administrative Officer

Phone: 250-612-1650
Email: travis@csfs.org

Addiction Recovery Program

- Incorporates traditional healing along with evidence-based practices in addictions treatment.
- Wellness Workers provide community-based addictions services focused on prevention, intervention, treatment referral, and after-treatment support.

Contacts: Mary Hanna
Addiction Recovery Program Manager

Phone: 778-675-1651
Email: mhanna@csfs.org

Sarah Chaudhary
Addiction Clinical Supervisor

Phone: 250-612-8452
Email: schaudhary@csfs.org

Community Health

- Provides support to member Nations under health transfer agreements, including navigating funding avenues and administrative support.
- Supports can include assisting during pandemics, community health fairs, community health representative (CHR) training and developing health plans.

Contacts: Rhoda Hallgren
Director of Community Health

Phone: 778-349-1759
Email: rhallgren@csfs.org

Charlotte Alfred
Community Health, Special Projects

Phone: 250-612-9577
Email: charlotte@csfs.org

First Nations Health Benefits (Patient Travel)

- Provides community members with patient travel benefits to access required medical services.

Contacts:	Mataya Blackmon First Nation Health Benefits Clerk	Phone: 250-251-6764 Email: mblackmon@csfs.org
	Rhoda Hallgren Director of Community Health	Phone: 778-349-1759 Email: rhallgren@csfs.org

Jordan's Principle

- Helps to ensure First Nations children living both on- and off-reserve can access the products, services, and supports they need when they need them.
- Coordinators walk clients through the application process, provide clarity about necessary documents, and assist with applications.

Contacts:	Holly Makow Administrative Assistant	Phone: 778-349-4922 Email: hmakow@csfs.org
	Cindy Ashe Jordans Principal Service Coordinator	Phone: 778-349-1073 Email: cashe@csfs.org
	Rhoda Hallgren Director of Community Health	Phone: 778-349-1759 Email: rhallgren@csfs.org

Health Promotion & Physical Activity

- The Health Promotion and Physical Activity department supports active and healthy lifestyles through building capacity for movement, recreation and sport.

Contacts:	Amy Merritt Director of Health Promotion & Physical Activity	Phone: 250-640-0837 Email: amy@csfs.org
	Dana Thorne Physical Literacy Coordinator	Phone: 672-983-7877 Email: dthorne@csfs.org

Mental Wellness Services

- Counsellors work within a Carrier cultural framework to ensure clients receive services relevant to their needs.
- Support is available for crisis intervention services, as well to National Native Alcohol and Drug Abuse Program workers in member Nations.

Contacts:	Marilyn Janzen Director of Health and Wellness	Phone: 250-570-8152 Email: mjanzen@csfs.org
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Christina Dobson
Clinical Director

Phone: 250-612-8698
Email: christina@csfs.org

Janice Nooski
Mental Health Support Services Manager

Phone: 250-251-4330
Email: jnooski@csfs.org

Kulraj Bhandari
Clinical Supervisor (Adult Mental Health)

Phone: 250-692-0912
Email: kulraj@csfs.org

Catherine Weilmeier
Clinical Supervisor (Child and Youth Mental Health)

Phone: 250-612-4780
Email: cweilmeier@csfs.org

Fiona Demers
Mental Health and Wellness Manager

Phone: 250-617-6564
Email: fdemers@csfs.org

Primary Care

- Provides basic day-to-day care by health professionals including family doctors, nurse practitioners, public health nurses, pharmacists, occupational therapists, physiotherapists, etc.

Contacts: Randi Mondor
Director of Primary Health Care

Phone: 250-961-2178
Email: rmondor@csfs.org

Community Nursing Services

Community Health Nursing

- Registered Nurses provide preventative holistic health and wellness services and education on regularly scheduled days and times.
- Services can include pre- and post-natal education and care, immunization programs for infants and children, health education, men's and women's wellness clinics, and regular home visits to elders to assess needs and provide ongoing support.

Executive Director: Matthew Summerskill
Executive Director of Community Nursing Services & Mobile
Diabetes Telemedicine Services

Phone: 250-640-6800
Email: matt@csfs.org

Contacts: Shawna Brook
Director of Community Nursing Services

Phone: 250-613-5786
Email: sbrook@csfs.org

Judith Sandford
Nursing Manager

Phone: 250-962-0244
Email: jsandford@csfs.org



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Justice

Executive Director: Julie Daum
Executive Director of Justice
Phone: 778-349-1667
Email: jdaum@csfs.org

Collaborative Practices

- Improving the health of the community by facilitating the participants' ability to speak on their own behalf in legal matters, while emphasizing healthy choices and responsibility towards family and community.

Contacts: Cayla Steinbach
Collaborative Practice Supervisor
Phone: 672-983-2644
Email: csteinbach@csfs.org

Jurisdiction

Executive Director: Mabel Louie
Associate Executive Director of Child and Family Services,
Jurisdiction
Phone: 250-567-0027
Email: mabel@csfs.org

Davina Valk
Director of Community Youth Services
Phone: 778-978-3927
Email: dvalk@csfs.org

Child Safety

- Support member Nations to address worries when it comes to the safety of their children.
- Supports Designated Representatives in mentorship and training to address immediate concerns for child well-being.

Contacts: Joni Conlon
Director of Child safety
Phone: 250-692-0651
Email: jconlon@csfs.org

Patricia Sabestine
Family Guidance Supervisor
Phone: 778-349-2718
Email: palvarado@csfs.org

Legal Services

Chief Director: Kyle Parker
Chief Director of Legal Services
Phone: 250-251-5459
Email: kparker@csfs.org

Contacts: Lincoln Hallgren
In House Counsel
Phone: 672-983-7280
Email: lhallgren@csfs.org